

# Holford news & views



**October 2024**

## The editorial team

**Mo Plomgren, Mike Pearce, Mike and Gae Richardson and Emma Cavendish**

### Editorial

The world is a very dangerous and frightening place at the moment. We think daily of the suffering of ordinary families in the midst of the horrors. How lucky we are to live in the peace and quiet of a beautiful village and how thankful.



After all the recent rain we are now well and truly into autumn. The colours are beginning to turn and it's time to put our tender pot plants inside out of the weather. There was a rumour of an Indian Summer but that seems to have gone by the way... but we can enjoy the glorious, rich colours developing.

One of the great things about gardening is that you know, no matter what problems have come your way, next year you can start all over again. For me, I must confess that the winding down of the hard work is a relief and I look forward to a couple of months of quietly pottering and tidying up without that feeling of urgency that attaches to growing vegetables.



The freezer is full of tomato sauce and passata, a few blackcurrants not pinched by the birds and chopped up peppers ready to make chilli con carne. Thank goodness for the greenhouse.

We are resolved to deer-proof the garden before next year's crop starting with a new side gate to replace the one that was smashed to bits in a storm. I have a feeling that the deer will jump over it but we live in hopes! The next job is to pot up masses of tulips. They don't do well in the

ground here, I think it's too damp. Fabulous, exotic beauties that we love.  
Cosy up in the warm!

**Emma**

**Our thanks to Erl and Mo (Holford)  
for sponsoring this edition**

*Holford News and Views will also be on the Holford Village website*

[www.holfordvillage.com](http://www.holfordvillage.com) *our thanks to David Talling.*

## Some good news on the restoration of natural habitats



Somerset Wildlife Trust purchased 'Honeygar', an intensively managed dairy farm on the Somerset Levels, back in 2022. It is now looking to raise additional funds for its ongoing project to transform the former farm into its first wilded site. The aim is to better connect the nature-rich areas on the Somerset Levels — including the Trust's Westhay Moor National Nature Reserve — while demonstrating the

benefits of wilding to landowners, local people, and visitors from across the country.

The 81-hectare site is located between the Trust's Westhay Moor, Westhay Heath, and Catcott nature reserves on the Avalon Marshes, one of the largest and most important wetland areas in the UK. Honeygar now acts as a good quality green stepping stone between these sites, and also to the wider area, which allows precious wildlife species to move and travel safely while expanding their numbers.

The Trust has begun to implement important changes since purchasing Honeygar, which has included carrying out extensive baseline surveys and making initial interventions that are starting to demonstrate an increase in biodiversity, restoring the peat and seeing essential ecosystems recover. It has also established an extensive monitoring regime which aims to track changes to the land over time. Since the change in management, exciting species have been recorded at Honeygar, including the otter, short-eared owl, and night heron

In order to continue with this exciting project, the Trust is now launching its second Honeygar appeal, aiming to raise £70,000 to complete Phase 1 of the project. This is a match-funded appeal thanks to the generous support from one of the charity's anonymous donors — which means every £1 donated will become £2, every £10 will become £20, and every £100 will become £200.

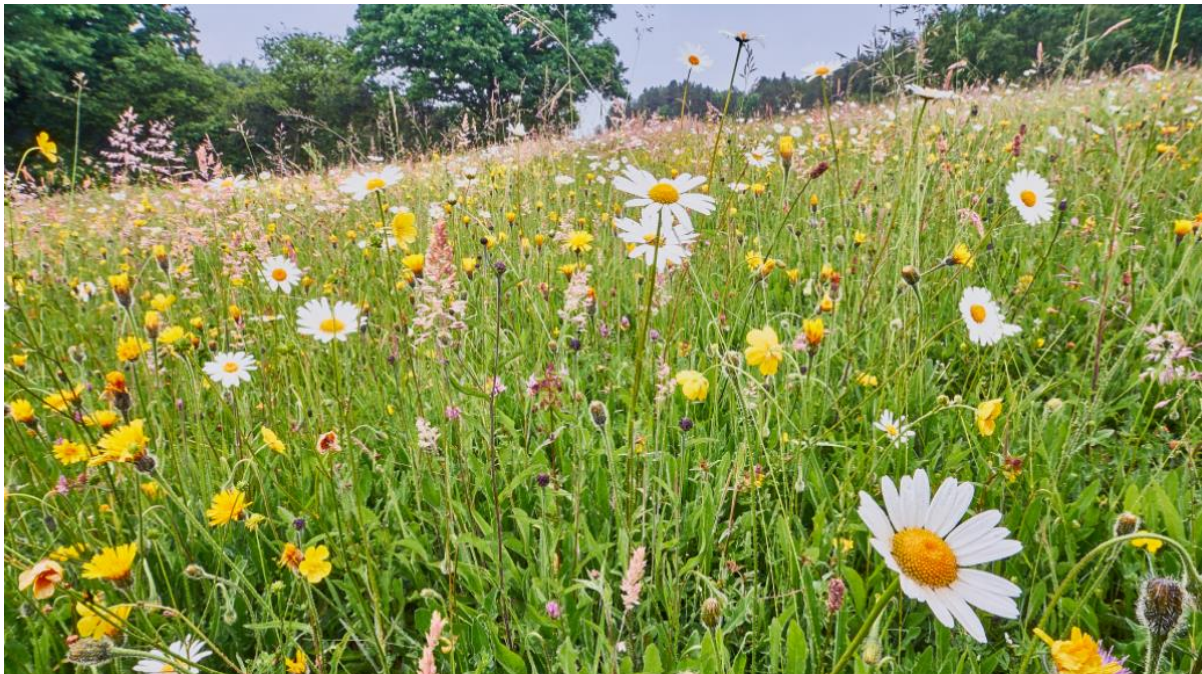
The funds raised will help the Trust continue its essential work at Honeygar, which will include further critical site surveys, collecting valuable data on soil quality, water quality, improvements in biodiversity, and determining the presence of protected species. As well as allowing the Trust to monitor how the site and the land is changing over time, these surveys will also help it fully understand the different species on site, and to put in place innovative habitat features that will ensure all wildlife is protected as work continues.

The aim is to build mitigation towers — structures that are highly appealing to some of the birds and bats that have been making their homes in the derelict buildings on the site, and which will provide a safe habitat for these species during the removal of some of the former farm buildings.

Rebecca Walford, head of fundraising at Somerset Wildlife Trust, says: "Honeygar" is one of the most exciting projects Somerset Wildlife Trust has ever undertaken — and the work is far from done. We really need to increase the amount of monitoring we're doing so that we can fully understand what impact our interventions have had, and we need to continue the work we're doing on site, rewetting the peat and protecting the important species that make Honeygar home.

"We've raised almost £3.6 million for Honeygar so far, and with one last push, we hope to raise the £70,000 that will help us complete Phase 1 of the project and take us one step closer to our end goal. That's why we're asking our supporters across Somerset and further afield to donate today and join us on this journey."

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**Good news to start the day:** The National Trust has [hit its target to restore nature](#) across more than 25,000 hectares of land a year early, protecting vital habitats and ecosystems.

The charity was aiming to create or restore habitats of importance for wildlife on this amount of land by 2025, including peatlands, meadows, wetlands and woodlands. Since 2015, the charity has restored 9,000 hectares of peat bogs, 5,000 hectares of woodland pasture and 3,500 hectares of wildflower meadows.

Ben McCarthy, the charity's head of nature and restoration ecology, said: "Our focus on restoring our most important habitats to help our precious wildlife is not only contributing towards national conservation targets but is also a critical response to the challenge of climate change."



## Church News

## St. Mary's news, Holford

Please come to the Harvest Supper in the village hall on Saturday 5th October at 7.00 pm Lots of good food and laughter! On Sunday 6th October there will be Harvest Festival in church at 6.30 pm.

Our Gift Day this year we have, so far, collected £1,100.00 and the new gates have been ordered. Thank you so much for your generosity and there is still plenty of time for you to donate. I don't know when the gates will be ready but we will be looking for someone to erect them when the time comes! If you have any expertise please let us know.

As you know, we had to cancel our Silent Auction earlier in the year but are now ready to reschedule it! It will be on either 9th or 16<sup>th</sup> November. Any donations of items for sale will be gratefully received. Wine and nibbles will be on offer and we hope that you will come and enjoy a flutter. Look out for details!

I know that the days are getting shorter and Christmas will be upon us before we know it but I am just letting you know that we will be singing Carols in the church at 4.30 pm on 21st December. I did have it in mind to organise an Advent window display this year but time seems to have run away with me and I still haven't started so I am sadly going to leave it until 2025.

Sue Ayshford



## Ancient History Quiz – Thanks to Mike Richardson

1. What was the first capital of ancient Egypt?
2. What Roman Emperor was once captured by pirates and held for a 12,000 gold-piece ransom?
3. What were the two most important city states in ancient Greece?
4. On what island did ancient Greek civilization originate?
5. The Mayans were a powerful civilization in the area that is now\_\_\_\_\_.
6. Which one of the Seven Wonders of the world still exists?
7. The Mayans were the only ancient society in the area of Latin America that accomplished which feat?
8. Where would you find the world-famous Colosseum?
9. The surface of Egypt's ancient pyramids was covered with what?
10. Which great warrior conquered Egypt in 332 BC?
11. Which age followed the Bronze Age?
12. Tenochtitlan was a massive capital city in which society?
13. Can you name the 4 modern-day countries that were settled by the Ancient Greeks in 550 B.C.?
14. Who are the ancient people who invented the Seismograph?
15. What dynasty ruled China for nearly 400 years?
16. Who first invented writing?
17. Which female leader of Ancient Egypt had a relationship with Mark Antony?
18. What was one of the Inca cities which was situated at a height of nearly 3500 meters?
19. Who is the most famous ruler of ancient Athens?
20. Complete the sequence of Roman Emperors: Augustus, Tiberius, Caligula, Claudius, \_\_\_\_\_Who?

Answers on P15

## Richardsons' Ramblings

Following on from my August *Ramblings* I am pleased to report that 'our' Great Spotted Woodpecker family were still around when we went away mid-September – the parents and the 2 youngsters, which were starting to lose their red tops. As we were not here to top up the feeders, we have only seen a young male on our return home.

We attended the Dunster Show in August on a very warm day, leaving Ella with her Airedale friend Sam. Holfordian Vanessa was in her 'usual habitat' in the *Exmoor Beekeepers* tent where she was finding it rather too warm for creating candles. As we usually do, we made a beeline to see the cattle and sheep in their pens, with plenty of creative shading in place, and being judged. No doubt you will have seen one of the many programmes on TV covering farm animals being washed and groomed, along with some amusing halter training sessions. In its pen is a Kerry Hill sheep sporting a very natty coat. This Devon bull certainly had a rather suspicious look about him!



Having seen the end of the hunter classes we watched the amazing IMPS Motorcycle Display. *Tuckers Legal & Financial Services* supplied a red Ferrari driven by an associate, who bravely remained in the car whilst 6 held a ramp for their team-mate to drive up and over the car. Sadly, he fell off as the bike came down to earth but was unhurt, with not a mark on the car – apparently this feat had been performed over a tank, amongst other vehicles. You could see they thoroughly enjoy performing various tricks. We had 4 on a bike, tiny bikes with sidecars, several riding backwards and performing the criss cross. In the last photo there are 17 on 5 bikes – not all can be seen as the 'little' ones are ballast at the back!



The IMPS are a premier military style display team having performed at various international events including The Royal Edinburgh Military Tattoo – youngest was 5 and eldest 17 years. Roy Pratt MBE started the Hackney Adventure Project giving disadvantaged children in East London the chance to take part in various activities and go on adventure weekends and holidays. A motorcycle was found, and the children were left to get it to work. They became very proficient at cross-country riding and as competition riding was so expensive their energy needed channelling. A local small show invited the group along and a six-man formation riding team was created to put on a display, hence the birth of The IMPS 52 years ago.

Snippet from a 1970's *Countryman*: notice by a field: 'entry to this field is free – the bull will charge later!'  
Gae



**HOLFORD GARDENERS GROUP**

**Tuesday 15<sup>th</sup> October 7.30pm**

Holford and District Village Hall

'Adventures of a Seed Detective'

A Talk by Adam Alexander

Members £1.00 Visitors £2.00



**HOLFORD GARDENERS GROUP**

**Tuesday 19<sup>th</sup> November 7.30pm**

Holford and District Village Hall

"Hostas' A Talk by Peter Savage

Members £1.00 Visitors £2.00



## Holford Flower Show 2024

The high standard of exhibits in all classes proved to be a success this year and much admired by a good number of visitors to the show. Some new classes added more fun to the occasion which included heaviest tomato, largest Sunflower head, and a driftwood sculpture class.

The committee would like to thank everyone who helped at the show and of course many thanks to everyone who took the time to exhibit at this year's show.

### **Overall Winner Kate Hammond Runner Up Pam Campbell**

Group A Flowers and Container Plants	1st - Jean Pearce 2nd - Kate Hammond
Group B Produce	1st - Mike Pearce 2nd - Jeannie Moggridge
Group C Preserves & Baking	1st - Kate Hammond 2nd - Pam Campbell
Group D Floral Art	1st - Sally Bult 2nd - Pam Campbell
Group E Photography	1st - Pam Campbell 2nd - Sally Quinn
Group F Art	1st - Joanna Cavill 2nd - Kate Hammond
Group G Handicraft	1st - Sally Quinn 2nd - Kate Hammond
Group H Age 9- 16	1st - Sally Cox 2nd - Adelaide Tennant
Group I Age 8 & Under	1st - Tristan Tennant 2nd - Eben Tennant

15th October - Our next talk will be The Adventures of a Seed Detective, by Adam Alexander

19th November - AGM followed by a talk on Hosta's by Peter Savage from Bowden's Nursery.

## Top gardening jobs this month



**Advice courtesy of the RHS Website where you will find lots more information.**

### Move tender plants, including aquatic ones, into a greenhouse or conservatory

In frost-prone areas a conservatory is the ideal place for overwintering tender perennials and marginally hardy plants from the garden. Cold-sensitive plants in need of good light levels and dry, frost-free conditions will also benefit.



### Cut back perennials that have died down

Perennials are not demanding plants, but trimming them after flowering finishes in autumn helps improve their appearance and flowering. However, you can leave some stems over winter to provide homes and food for wildlife, and then trim back in spring.



### Divide herbaceous perennials

Dividing perennials regularly will ensure healthy, vigorous plants that will continue to perform year after year. It also offers the opportunity to multiply your plants.

**Some more jobs for this month!  
And you thought the work was over for this year!**

1. Divide established rhubarb crowns to create new plants
2. Plant out spring cabbages
3. Harvest apples, pears, grapes and nuts
4. Prune climbing roses
5. Finish collecting seeds from the garden to sow next year
6. Last chance to mow lawns and trim hedges in mild areas
7. Renovate old lawns or create new grass areas by laying turf



## KILVE SHORT MAT BOWLS CLUB

Short Mat Bowls provides gentle exercise and is suitable for all ages including people with slight disabilities. Fed up with sitting indoors watching TV? Come and join us on a Monday for a friendly evening playing bowls.

Don't worry if you have never played before, you will soon pick it up and we are very understanding, as we all have to start some time. Why not come and give it a go? If you enjoy it and wish to continue, it is £10 a year to join and £3.00 per evening session.



We re-start after our summer break on Monday 16<sup>th</sup> September at 6.45 p.m. in Kilve Village Hall and thereafter every Monday evening 6.45 to 9 p.m.

Apart from June, July, August and bank holidays

New members are always welcome.

The club supplies all equipment needed and there is No charge for the first few sessions. Each evening we play two games with a short Tea/Coffee and biscuits break in the middle.

For more information please contact: -  
Angela or Tony Russell 01278 229688

Email: [kilvesmbc@gmail.com](mailto:kilvesmbc@gmail.com)

Congratulations to David Young on clocking up his 90<sup>th</sup> birthday.  
A high old time was had by all in the Village Hall!



**Sad to report that the History Society has now folded  
so no more reports**



Kilve Stock & Barrel was, despite the weather, an amazing weekend of great music, laughter, and friendships old and new.



This was the first event for Kilve Events, and we have learned a lot which we will be putting to effective use as we start planning for Kilve Stock & Barrel 2025.

We are delighted to report that after all costs we are donating £500 each to Kilve Cricket Club, St Mary's Church, Kilve, and Paws 4 Thought, Somerset.



We would like to thank all of you who came and joined the fun and we hope to see even more of you, your friends and family next time.

Karen, Pete, Paul, Tracey, Kelly, Sarah, and Grant, collectively the team at Kilve Events, would like to extend their thanks to Safetec Direct Ltd, our immensely generous 2024/25 Sponsors, and to all those who took part and contributed their time and expertise to the event being such a success.

If anyone has any ideas that they would like to share, please drop us an email to [kilvevents@yahoo.com](mailto:kilvevents@yahoo.com).

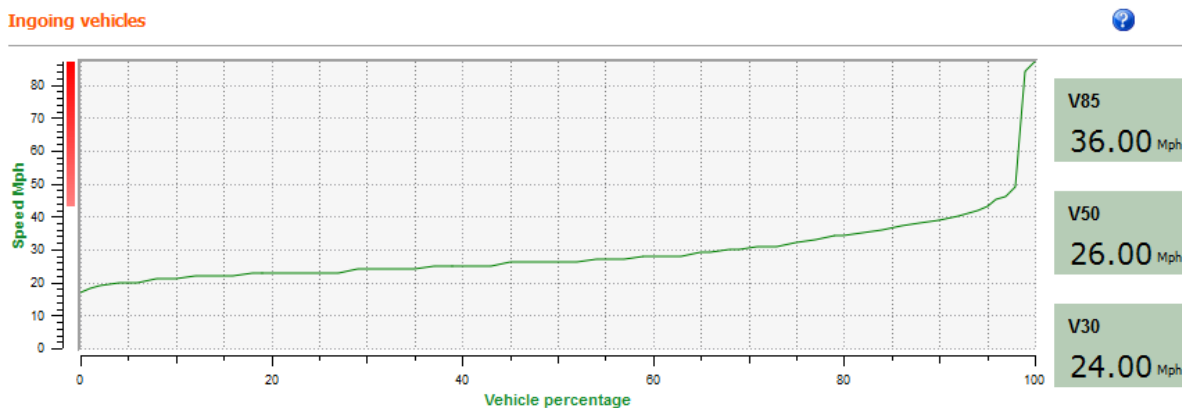
## Holford Speedwatch Report July 8<sup>th</sup> – Aug 15<sup>th</sup> 2024

Our Speedwatch teams have been out monitoring traffic, usually on three days a week, and we are happy to tell you that the number of speeders, which had decreased following the installation of our SIDs (speed indicator devices), has remained at an all time low during our sessions. It has been very noticeable from the Nether Stowey direction that traffic is slowing as it enters the village and the sight of the uniformed CSW team helps to re-enforce this behaviour.

We do need a couple more people to help out by doing a random session a week for an hour earlier in the day or early evening while it is still light enough as the data from the SIDs shows that these periods are when we are more likely to have less caring drivers. Please volunteer if you can spare the time.

In July/August we had more than 180,000 vehicles passing through the village and as in previous months the traffic leaving to and coming from Kilve tended to be moving slightly faster. We hope that the proposed 40mph limit between Kilve and Holford is implemented as soon as possible as this will help.

There are some magic numbers used by road traffic gurus and the police to indicate the average speed of traffic on a section of road. In our case a V85 of 36mph indicates that 15% of traffic exceeded the speed limit. This month some 159 vehicles were travelling at over twice the speed limit when entering the village 30mph zone and we are investigating what else can be done to deter such dangerous driving. The graph below shows the percentage of drivers with their speeds.



Mike Copleston Holford CSW Co-ordinator

**Editors Note :** a new proposal was put before the Parish Council at the recent meeting to install white gates at the entrance to Holford from the East. More information at this link :

[White-Gates-proposal.docx \(live.com\)](#)

In the following analysis the French Professor Bruno Dubois  
 Director of the institute of Memory and Alzheimer's Disease  
 at La Pitie-Salpetriere - Paris Hospitals  
 reassures us by saying

**"If anyone is aware of their memory problems  
 they do not have Alzheimer's disease "**

It often happens in people over 60 years old that memory loss becomes  
 apparent. The information is still in the brain but the retrieval processor is  
 slowing down. This is temporary forgetfulness and affects about half of people  
 over 60 years old. The most common cases are as follows :

- Forgetting the name of a person or a movie title.
- Going to a room in the house and not remembering why you went.
- Wasting time looking for spectacles or keys.
- 

As we age most people have such problems which indicates a  
 characteristic due to the passage of years not a disease.

The more we complain about our memory loss the less likely we are  
 to suffer from memory sickness as those who suffer from a memory illness  
 such as Alzheimer's are not aware of their problem.

**Now for a little neurological test.**

1-Find the C in the table below

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2-Find the 6 in the table below

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3-Find the N in the table below

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If you have found all 3 your brain is still in good working order !!!

*Thanks to Mike Pearce - I think!*

**The Road Not Taken** *Robert Frost*

Two roads diverged in a yellow wood,  
And sorry I could not travel both  
And be one traveller, long I stood  
And looked down one as far as I could  
To where it bent in the undergrowth;

Then took the other, as just as fair,  
And having perhaps the better claim,  
Because it was grassy and wanted wear;  
Though as for that the passing there  
Had worn them really about the same,

And both that morning equally lay  
In leaves no step had trodden black.  
Oh, I kept the first for another day!  
Yet knowing how way leads on to way,  
I doubted if I should ever come back.

I shall be telling this with a sigh  
Somewhere ages and ages hence:  
Two roads diverged in a wood, and I—  
I took the one less travelled by,  
And that has made all the difference.

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**We can never truly understand the length and meaning of life**

But one of the ways we get close is by unexpectedly coming across people from our past. The maths teacher who was your age when she taught you, now walking with a cane through the frozen aisle at Sainsbury's. The barely recognisable university stud who lost all his hair and gained three screaming kids. The baby sister of your old school friend who used to wipe bogies on the sofa, now telling you in a meeting that she'll keep you in mind for any future projects. Only when that happens do we, for a nanosecond, get to peer over God's shoulder and catch a glimpse of his Google Calendar before it's hidden again.

Dolly Alderton – Times Agony Aunt

## **A New Somerset forest will see 100,000 trees established and landscaped transformed**

A transformation is underway that will have a lasting positive impact on the environment, biodiversity, and local communities between Bristol and Bath. Avon Needs Trees (ANT), a charity dedicated to creating new, permanent woodland and environmental conservation, has embarked on its most ambitious project yet; the creation of Lower Chew Forest.

The project aims to establish 100,000 trees and shrubs across the site, creating a woodland that will serve as a regional exemplar hub for tackling the climate emergency, managing natural flood risks, and supporting the green economy. Led by those passionate about the environment and supported by a dedicated army of volunteers, Lower Chew Forest promises to be the largest new woodland in the South West of England in a generation.

To understand the significance of this endeavour, reporter Lewis Clarke spoke with Tom Le Fanu, Head of Engagement, Communications and Fundraising at Avon Needs Trees, who shared insights into the project's goals, challenges, and the impact it will have on the region.



The story of the Lower Chew Forest began earlier this year when Avon Needs Trees completed the purchase of Wick Farm, a 422-acre site nestled near Compton Dando, between the bustling cities of Bristol and Bath. The significance of this acquisition cannot be overstated.

"The Lower Chew Forest project is our most ambitious yet and on a scale like nothing we've ever done before" Tom says. The scope of this project dwarfs previous endeavours by the organisation, positioning it as a leading example of environmental recovery in the region.

Once fully realised, the Lower Chew Forest will cover an area larger than the combined size of Clifton and Durdham Downs and Leigh Woods in Bristol, and will be twelve times the size of Royal Victoria Park in Bath.

The numbers are staggering, but the project's importance goes far beyond its scale. Tom explains: "Our goal is to create a mosaic of habitats including wetlands, miles of new hedgerow, species-rich grassland, and of course, trees."

The vision for the Lower Chew Forest is as ambitious as it is holistic. Avon Needs Trees is not merely planting trees; it is creating a living, breathing ecosystem

that will benefit the environment, wildlife, and local communities for generations to come.

"We aim to create a regional exemplar hub which will help tackle the climate emergency, provide natural flood management for vulnerable local areas, support the green economy, and provide an accessible and inclusive place for people to volunteer and learn," Tom explains. "Improving water quality of local rivers and waterways is another positive impact."

The term "exemplar hub" is key here. Avon Needs Trees intends for the Lower Chew Forest to be more than just a woodland. It will be a model for future reforestation projects, demonstrating how large-scale woodland and habitat creation can be integrated with other environmental and social objectives. The project's multifaceted approach is designed to maximise benefits for both nature and people. This approach ensures that the woodland will not only absorb carbon and provide flood management but will also support a diverse range of species, contributing to the region's biodiversity.

The benefits of this new woodland for climate, nature, and people are enormous. As it grows, this new woodland will absorb thousands of tonnes of carbon to help tackle the climate emergency. It's estimated it will store or avert 54,000 tonnes of carbon.

Wick Farm was selected not only for its size but also for its strategic location. "It was the best location for new woodland we've seen come onto the market," Tom adds. The farm's proximity to Bristol and Bath, combined with its potential for natural flood management, made it the ideal choice. Moreover, Wick Farm sits within a crucial segment of the regional Nature Recovery Network, a government initiative aimed at restoring wildlife-rich habitats across the UK.

This is an extract from a larger article available on line  
Search Avon Needs Trees and Wick Farm for the full information

## Ancient History Quiz Answers

1. Memphis.	11. Iron age.
2. Julius Caesar.	12. Aztec.
3. Athens and Sparta.	13. Turkey, Spain, France, Italy.
4. Crete.	14. The Chinese.
5. Guatemala.	15. Han.
6. The Great Pyramid of Giza.	16. Sumerians.
7. Writing.	17. Cleopatra.
8. Rome.	18. Machu Picchu.
9. White limestone.	19. Pericles.
10. Alexander the Great.	20. Nero.

Now the nights are closing in and more warming foods are appealing why not try this very simple, classic Greek recipe?



### **Stifado**

2 tbsp olive oil  
 1kg braising steak cut into chunks  
 2 bay leaves  
 1 cinnamon stick  
 1 spring rosemary  
 3 cloves of garlic, finely chopped  
 2 tbsp red wine vinegar  
 4 tbsp red wine  
 250gm passata  
 2 tbsp tomato purée  
 1kg shallots or small pickling onions\*  
 Salt and pepper  
 Chopped parsley to garnish

Heat the oil in a flameproof casserole over a high heat and brown the meat well, in small batches. Return it all to the pan and add the bay leaves, cinnamon stick, rosemary and garlic and stir well. Then add the vinegar, wine, passata and tomato purée and sufficient water to just cover the meat. Season, cover and simmer for 2 hours.

Meanwhile blanch the onions for one minute then plunge in cold water. Peel and add to the casserole and continue simmering.  
 \*(Or use Picard ready peeled frozen small onions from Ocado!)

After 2 hours remove the lid and simmer for a further 30 minutes or so until the meat and onions are meltingly tender and the cooking liquid reduced to a rich, thick sauce.

Garnish with freshly chopped parsley and serve with crusty bread or creamy mashed potatoes.

This dish improves with being kept in the fridge overnight for the flavours to mellow and blend. A great, perpare ahead dish for guests.



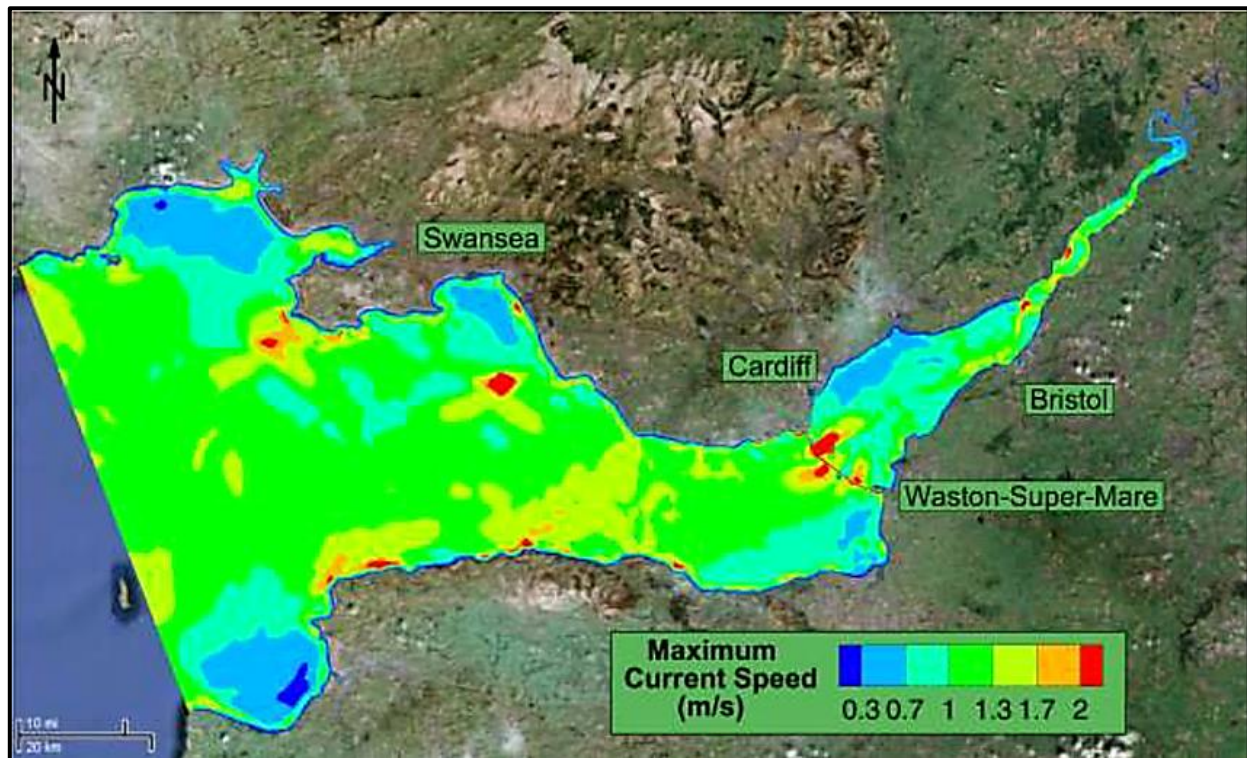


invites you to

**Tidal Energy from the Bristol Channel**  
**Somerset's largest predictable natural energy source**

a talk by

**Professor Chris Binnie**



**2pm to 4 pm – Monday 28<sup>th</sup> October**

**Crowcombe Hall**  
**Refreshments will be served**

Website <https://quantock.u3asite.uk/>.

## Oil delivery Scheme

Time to stock up again?  
For those wishing to make use of the community oil delivery scheme, orders will need to be placed by Monday for deliveries in the following week, usually on Wednesday

*Please put these order dates on your calendar*

Mondays Oct 7<sup>th</sup> and 28<sup>th</sup>,  
Nov 18<sup>th</sup> and 9<sup>th</sup> Dec

*But you can contact David at any time :*

**David Young on 741249**  
[davidyoung1934@talktalk.net](mailto:davidyoung1934@talktalk.net)



**Lottery**  
The Lottery is up and running again!

### Winners

#### August

##### Winner

Simon and Helena Ayre

##### Runners-up

Carol & Richard Tilsey and Pam Campbell

#### September

##### Winner

David and Jackie Toogood

##### Runners-up

Ann Anderson and Lynda Finch

### Refuse collections :

Wheely bins every **three** weeks on Fridays.  
Collections a day later after Bank Holidays.

### Recycling collections

every Friday.  
Collections a day later after Bank Holidays

## Holford and District Village Hall

### What's On? – Dates for your Diary



For full details see the  
**Holford and District Village Hall website**  
[www.HolfordVillageHall.org](http://www.HolfordVillageHall.org)

**Bookings** : Emily Hecksher T : 741694  
or on line at [www.HolfordVillageHall.org](http://www.HolfordVillageHall.org)

#### VARIOUS REGULAR EVENTS PLANNED

*Many events returning after the summer*  
**FOR THE LATEST INFORMATION DO CHECK THE VILLAGE HALL WEBSITE**

Mon	2 <sup>nd</sup> Monday in the Month U3a Genealogy	2pm
	Yoga	6pm
	3 <sup>rd</sup> Monday of each month iPad sessions with Alan Falkingham	Booking required
	Short Mat Bowls – Kilve Village Hall	7.00pm
Tue	Meditation Pilates – note : 3 <sup>rd</sup> Tuesday of the month is Gardeners' Group	12.00 -1.00 5pm and 6pm
Wed	Kundalini Yoga	6.30pm
	Every other Wed U3a Wellbeing	
Thu	Table Tennis	7.30
Fri	Art Group Craft Group	10.00 – 1 pm 1.00 – 4pm
Sat	Monthly Coffee Morning First Saturday in the month	

### **We hope you have enjoyed this edition**

If anyone has any articles, ideas, news, snippets etc please do let us have them.

**before the deadline November 15<sup>th</sup>**

Please send items for the next issue to

**[EmmaCavendish01@aol.com](mailto:EmmaCavendish01@aol.com)**

**Publication date December 1st**

**Please don't send images and text directly from your phone**

**these are very time consuming to edit.**

**Save your photos to a jpeg file. Emma**